

Samaritan Hospital
Foundation

“The Heart of Giving”
2021 Annual Brochure



Comments from Samaritan Hospital Foundation's Board Chair and President



Not only do we fund healthcare needs at UH Samaritan Medical Center, but we also work with other local nonprofits in providing other healthcare services for the residents of Ashland County. Some of the many past projects we have funded include supplying digital thermometers to all the schools in the county during the COVID pandemic; providing AEDs for all the churches in the county; a much-needed fire truck for the new Ashland station; Safe Haven Domestic Violence Shelter building improvements; Ashland Parenting Plus programs; Special Olympics activities; Ashland County 211 call system; Ashland YMCA special program activities; new urgent care facility in New London; Stop the Bleed kits for all Ashland law enforcement vehicles as well as Stop the Bleed kits/buckets to every classroom in Ashland County; and distributing \$150,000 to law enforcement, fire/EMT and charities in Ashland County for much-needed PPE and additional funding relief during the COVID pandemic, just to name a few! We are proud of our past commitments to improve healthcare for the residents of Ashland County and look forward to continuing this commitment in the future.

Paul Myers - Chair, Samaritan Hospital Foundation



At the Samaritan Hospital Foundation, we strive to bring the best care possible to residents of Ashland County by assisting with funding of equipment that would not normally be available in a community of our size. We are working closely with University Hospitals and UH Samaritan Medical Center to accomplish this. As part of this effort, we are researching the best services to consider funding that would improve the quality of care that the Hospital offers here in Ashland. One of the areas we are currently looking into is cardiac care, which would greatly increase the level of care patients could receive locally.

Richard Beal, CFP® - President, Samaritan Hospital Foundation

SHF Donor Funds Purchase State-of-the-Art Endoscopy Equipment for UH-Samaritan

Endoscopes provide an unparalleled view into a patient's body and enable minimally invasive procedures. Thanks to SHF donor funds, UH Samaritan now has a new Olympus endoscopy system equipped with high-resolution HDTV imaging capability, helping ensure the best possible image quality for endoscopic and laparoscopic procedures.

Dr. Dale Thomae, UH-Samaritan Internist, explained, "The newer equipment is high-definition and makes identification of lesions easier for the Endoscopist. With all endeavors, we want to bring the public we serve the best doctors and equipment available. The Foundation provides the monetary resources to keep our hospital supplied with cutting-edge technology."



Silent Watch for Veterans



From right to left - Back row: Jeff Divelbiss, Tim Chandler, Jane Roland, Linda Haapanen, and Richard Haapanen, Front row: Michele Hawks and Sharron Jewell-Chandler

SHF Donor Funds Support Treatment for Veterans With PTSD Through the Silent Watch Program

“You don’t have to go to Washington DC to make a difference—you can start in your own community. You can do something small at the grass roots level and you can make a difference in veteran’s lives in your own community. This is what our local Silent Watch program is about—bringing awareness to veteran suicide and bringing help to those suffering from PTSD,” explained Jane Roland.

The program was founded in 2009 after Ashland native and retired Master Sgt. Tim Chandler lost two veterans he had served with in Afghanistan to suicide. Silent Watch, which is held in September to coincide with Suicide Awareness Month, is meant to break the stigma surrounding mental health issues and PTSD that often plague those who have served and create public awareness of veteran suicides to hopefully get them the help and assistance they need. The Ashland program also offers veterans and first responders suffering from PTSD a simple procedure called SGB (stellate ganglion block) to help reduce levels of anxiety, depression and sleeplessness and brings these symptoms to tolerable levels. The treatment is not currently covered by insurance or the VA.

Tim Chandler shared, “A Vietnam veteran who received the treatment thanks to funds raised told us it’s the best he’s felt in 50 years. We want veterans and first responders who have PTSD to be able to receive this life-changing treatment.”

For more information, visit the Silent Watch website at silentwatch.org, call 419-571-6900 or email silentwatch22@gmail.com.

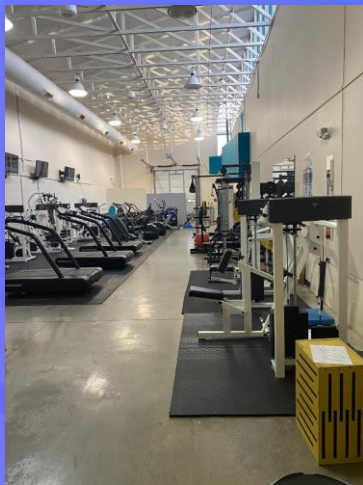
UH Samaritan Rehab Gym Update

Samaritan Hospital Foundation assisted with bringing the hospital's Rehab gym area up to par functionally and aesthetically with the rest of the building which was fully remodeled and updated over the past three years.

The update included resurfacing with indoor athletic turf and recovering the walls with a fresh coat of paint to match the rest of the updated paint throughout the building.

The new turf serves multiple purposes providing a healthier, low impact surface for running, jumping, and agility training for the Rehab's Sports Medicine program, as well as a healthier surface for kneeling and crawling required for many of the Rehab's Occupational Health screenings and evaluations. The newly updated area is also being used for Sports Medicine students and Functional Capacity Evaluations. The updates also covered the purchase of some smaller pieces of equipment to allow the space to function independently from the Rehab's larger gym area.

With the renovation, the UH Samaritan Rehab was able to donate several pieces of equipment to New London High School, Mapleton High School, Hillsdale High School, and Ashland High School. Along with donating pieces of equipment to local high schools, they were able to relocate pieces of equipment to other UH rehab clinics as well as other UH Samaritan Medical Center departments for their use.



Old Gym



New Gym

SHF Supports Ashland Pregnancy Care Center with Funding for Clinic Nurse Manager

The Ashland Pregnancy Care Center has been serving the Ashland community and surrounding area for more than 40 years. Melanie Miller, in her sixth year as Executive Director of the Center, explained their mission, “We are a Christ-centered ministry providing compassion, hope and health to women and men facing a critical pregnancy decision.” The Ashland Pregnancy Care Center provides a confidential space and information about pregnancy options. They also equip families with education and resources through their Learn and Earn Program where families can come to the center and complete education courses to earn boutique bucks and shop at their store to provide for their family—diapers, wipes, car seats, cribs, etc.

During COVID-19, the Center’s need for a medical professional on staff grew tremendously. “During this stressful time, we saw a rise in the number of women walking through our doors seeking an abortion and we really needed a trained medical professional that could be available on site or via Telehealth to have conversations with these women.” The Center reached out to Samaritan Hospital Foundation who provided funding to hire RN, Chris Coffey.

With the addition of an RN to the Center’s staff, they’re able to provide that credibility to offer assurance to families when they have specific questions about their pregnancy. Chris can help establish them with a prenatal provider in the community as a lot of families need help getting set up for the first prenatal visit.

Also, thanks to the donors of Samaritan Hospital Foundation, Chris was able to receive extensive training on the Center’s 4D ultrasound machine that the Foundation helped to purchase. This is critical to the Center’s mission as **more than 90% of women and men who see their baby on an ultrasound will choose life.**

Recently, the center had a young woman come in who was already scheduled to have an abortion. Melanie shared, “We were able to counsel her to show her the resources and support that’s available to her and her baby and perform a free ultrasound. When she heard her baby’s heartbeat, she was amazed. When we followed up with her via a Telehealth appointment a few days later, she shared with us that she cancelled her abortion appointment and was choosing life for her baby. She shared how she felt joy for the first time about her pregnancy after her visit to the Ashland Pregnancy Care Center and how she had no idea the support that was available to her.”



Pictured from left to right:
Melanie Miller, Executive
Director and Chris Coffy,
RN, Nurse/Clinic Manager

SHF Funds Cover Alterations to UH Samaritan Delivery Rooms, Providing Birthing Mothers Access to Nitrous Oxide for Pain Relief

University Hospitals believes strongly that every woman deserves to be an active participant in decision-making during her birthing experience. Thanks to SHF funds to cover gas alterations for all delivery rooms, UH Samaritan is now able to offer birthing mothers, nitrous oxide as an option for pain relief. According to Gemilla Szabo, UH Samaritan Birthing & Women's Unit Clinical Coordinator, "Nitrous oxide is a gas that laboring mothers can use during labor and delivery for pain control as an alternative to epidurals and other narcotics. This will also allow our mothers to move more when in labor and not have to labor in bed." Currently, UH St Johns, MacDonald, and Portage locations use nitrous oxide as a pain relief method during labor and patients at these facilities report very high satisfaction.

What is Nitrous Oxide?

Nitrous oxide is used for labor pain and is sometimes known as "laughing gas." It's a mixture of 50% nitrous oxide gas and 50% oxygen that is inhaled through a mask. It is widely used in Europe for pain management in labor and is gaining popularity in the United States.

How does Nitrous Oxide work?

Nitrous oxide is delivered to patients during labor by a mask. Patients hold the mask to their face and inhale the gas mixture about 30 seconds before a contraction begins. Inhaling the gas before the contractions starts helps the gas to reach its peak effect when the contraction is strongest. This provides the greatest relief and may help patients feel more relaxed during labor. Nitrous oxide has no known effects to the fetus.



SHF-Purchased Transit Van With Wheelchair Accessibility, Helping Ashland Special Needs Ministry Serve Local Families

Ashland Special Needs Ministry provides family respite care for local families with special needs, including respite care in local churches, sending families to a family retreat with Joni and Friends, and serving the individual respite needs of each family on a case by case, family by family and disability by disability basis.

To support all of these activities, last year the Samaritan Hospital Foundation purchased a Ford transit van with wheelchair capabilities that enables the ministry to transport families as part of their respite care services. The new van is essential as it allows for:

- The whole family to take part when needed
- Transportation to doctor appointments and therapies
- Social distancing in the vehicle to keep friends safe
- Easy cleaning seats and accessories
- Handicap ramp for wheelchair accessibility to allow ALL friends to be safely transported for respite
- Special bikes to be transported via trailer for recreation via hitch
- Delivery of specific needs to families (e.g., food, special need necessities, diapers, formula, equipment, etc.)
- Travel for families to Joni and Friends Family Retreat in southern Ohio
- Travel to local attractions for respite (e.g., Columbus Zoo, Cosi Museums, etc.), especially for those with autism and specific interests

Christina Teevan, Executive Director of Ashland Special Needs Ministry, explained, “Receiving this van has made a huge difference in the lives of those we serve. The excitement on the faces of our friends and the thankful hearts of their families as we bring food, appointment transportation, care and often the respite they so need, is why this van is such a blessing to our community.”



SHF purchases 5 new Birthing Beds for the hospital for \$112,000

The new birthing beds bring new technology to assist the nurses and the patients during the birthing process.

- The Stow and Go foot section slides and stores under the bed - no lifting required. The foot section easily slides back into place without false latching or interference with linens.
- With battery backup, caregivers can use all the bed's features, including changing height and position, when away from a power outlet, reducing the time from "decision to incision" in critical situations.
- The gas-assisted Trendelenburg mechanism allows head of bed to immediately lower to 8 degrees.
- OneStep siderail release provides zero transfer gap for safer and easier patient transfers.
- The bed's streamlined design, with all the equipment stored completely within the perimeter (instead of protruding out), protects caregivers as they move quickly around the patient.



SHF Funds Support Pathfinder Farms Programs Serving Youth in a Faith-Based Atmosphere

Pathfinder Farms' motto "we grow youth" offers programs to support youth in our community with activities that range from life skills, fishing, and cooking, to hiking, GPS navigation, shelter building, learning about wild edibles, and wood working. Pathfinder Farms offers five main programs: Connection Plus after-school program that meets one day a week from 3-5pm for middle school age kids and young high school students, The Pathfinder 16:11 program starts after school one day a week throughout the school year and runs until 7:30pm serving 8-12 young men and culminating with an end of the year campout, starting fall 2022 there will be a new Pathfinder 16:11 program for young ladies, Skywatcher ministry is held one evening a week for 9-16+ year old boys and includes life skills taught around the armor of God as well as several camping trips, and finally the Gemseekers program for girls from Kindergarten – 6th grade includes one evening a week of prayer and Bible teaching and life skills projects.

With everything they do at Pathfinder Farms, they keep Jesus at the center of their attention to help young people find their way. To learn more, visit pathfinderfarms.org. Pathfinder Farms does not charge for its programs—if you would like to sponsor a younger person, please contact Pathfinderfarms1@gmail.com.



SHF Purchases Curved Paddles for UH Samaritan Facilities That Greatly Reduce Mammogram Discomfort

Curved paddle technology means less discomfort for mammography patients. SHF purchased curved paddles for both UH Samaritan hospital and Mifflin locations. Jason Smey, Radiology Manager UH Samaritan, shared, “We are thankful to the Foundation for their generous donation. UH Samaritan Lead Mammography Tech, Crystal Campbell, explained, “We are very excited and thankful to offer patients the curved paddles. They make the mammogram experience more comfortable for our patients by reducing the pressure experienced during the procedure by 50%.”



SHF Donor Funds Provide UH-Samaritan With State-of-the-Art Patient Monitoring System

UH Samaritan’s Telemetry system is used to monitor patient heart rhythms and vital signs in the ICU, as well as patient vitals in the inpatient unit, the operating room recovery unit, and in the OB unit. The old system was recently upgraded to a new, state-of-the-art system enabling the hospital to stay up-to-date with the latest patient monitoring software available. Lisa Bushong, Chief Nursing Officer, explained, “Thanks to generous SHF donor funds, this purchase will support continued safe monitoring for our patients at UH Samaritan.”



SHF Deeply Honored to Sponsor Honor Bus to Washington DC for 28 Local Veterans

With the support of local businesses and foundations like Samaritan Hospital Foundation (SHF), the Ashland Honor Bus is able to take area veterans on trips to DC each Fall to honor their service and sacrifice. The Honor Bus started several years ago when charter bus owner, Don Way, reached out to Elaine Hess, retired Ashland US History teacher who led DC trips for her students throughout her 34-year career, to organize trips for veterans. Since then, Elaine has taken a dozen trips to DC, with family members and local students volunteering to serve as guardians to assist veterans on the trip.

October and November 2021, SHF sponsored two, three-day Honor Bus trips for a total of 28 veterans to experience Mail Call on the bus ride with letters written by family members and local students thanking them for their service, visit war memorials where each veteran is honored with a pinning ceremony, and explore museums and scenic places along the National Mall. One of the highlights of the trip is a visit to Arlington National Cemetery to lay a wreath at the Tomb of the Unknown Soldier. “Honor Bus is a unique way to let veterans in Ashland know we care,” explained Elaine. SHF President, Dick Beal, added, “The Foundation was deeply honored to sponsor the 2021 Honor Bus trips to recognize our local veterans and their service to our country.”



Honor Bus Trip 2021 (continued)



SHF Increases Scholastic Awards for Local Grads to \$63,000, Helping Offset Challenges Due to COVID-19

Due to the COVID-19 pandemic and the increased challenges students faced during this time, Samaritan Hospital Foundation (SHF) increased its support for the next generation of nursing and allied medical students by increasing all grants this year for a total of \$63,000 in scholastic awards to 27 local students. Scholastic awards range from \$1,000 to \$5,000 and support individuals attending colleges in the medical field.

Over the past 10 years the Samaritan Hospital Foundation has awarded over \$300,000 in nursing and allied medical scholastic awards.

The Foundation gave several different types of awards this year, including two new \$5,000 awards, the Nancy J. Stockwell Scholastic Award and the Dr. Philip Myers Award, as well as the Samaritan Hospital Foundation Award, the University Hospital Samaritan Medical Center (UHSMC) Award, the Nursing Scholastic Award, the Gounder & Ponnammal Scholastic Award, the Elizabeth Myers Mitchell Scholastic Award, the Alice Stinchcomb Scholastic Award, the School of Nursing Alumni Award, and the NCSC Award.

Two students (pictured below) received the highest awards for 2021 and will be recognized at the Samaritan Hospital Foundation Annual Heart of Giving Dinner: **Kalli Sowers**, received the Dr. Philip Myers Award and **Sophia Ediger**, received the Nancy J. Stockwell Scholastic Award.

Other award winners in 2021 were Carlie Stutzman, Marjorie Kenney, Emily Fry, Erika Leitenberger, Ella Yoder, Adelyn Reef, Malorie Kinney, Katie McQuillen, Casandra Schustler, Sarah Yeater, Tyler Zavala, Megan Chance, Andrew Fulk, Arin Merle, Whitney Wilson, Yesenia Rodriguez, Tiffany Calebrese, Tecca Ringler, Alex Starner, Emily Gross, Alayna Furr, Brenden Meikle, Nathan Meikle, and Jessica Piechuta.



Sophia Ediger

received one of the top UHSMC awards, the Nancy J. Stockwell Scholastic Award



Kalli Sowers

received one of the top SHF awards, the Dr. Philip Myers Award

Ashland Christian Health Center Adds Nurse Practitioner and Chronic Disease Program Thanks to SHF Donor Funds

“We’re so grateful to SHF for support over the years, especially for this new program we have that has been a dream of Ashland Christian Health Center for many years,” shared Cheryl Benway, Director of ACHC.

In 2022, thanks to generous donors to Samaritan Hospital Foundation, Ashland Christian Health Center (ACHC) was able to add Nurse Practitioner, Karen Schwan, to support their new Diabetes and Chronic Disease Program. Karen has been a volunteer at ACHC for many years educating community members on diabetes care. Through the new program, Karen provides diabetes education and chronic disease management clinics (e.g., diabetes, high blood pressure, heart disease, etc.) throughout the week that provide regularly scheduled appointments and follow up to help get patients on a path to healthier living. With these new services, the clinic will not only have walk in open clinics on Tuesdays and Saturdays with Dr. Snyder, but additional days throughout the week for follow-up appointments. As a nurse practitioner, Karen is able to assist staff and patients with prescription needs as well.

“We’ve also added some basic lab testing in-house to support the clinics, including blood glucose and basic kidney function testing to help determine the correct treatment path for the patient,” explained Misty Welch, Nursing Director for ACHC.



Pictured from left to right: Misty Welch, Nursing Director, Cheryl Benway, Director of ACHC and Karen Schwan Nurse Practitioner

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Samaritan Hospital Foundation's Samaritans Club and Mohican Area Samaritans Club

The Samaritans Club and the Mohican Area Samaritans Club had their Annual Meetings in 2021. Each year club members vote on what equipment/programs they would like at the hospital from a selected wish list. At the annual meeting club members listened to the hospital department managers explain the equipment they were requesting for their department and the benefits to the patients and the hospital.

The **Samaritans Club** members paid a total of \$27,000 in dues in 2021 that was matched by SHF, giving the club members approx. \$54,000 of buying power.

Out of a list of 16 items, members selected the following equipment for the hospital:

- 2 Hot stack Fluid Warmers for the Operating Room
- CT Patient Cart for Radiology
- Mammography Curved Paddles for the Hospital
- Mammography Curved Paddles for Mifflin Avenue Women's Health
- Gym Upgrade for the Rehab department

The **Mohican Area Samaritans Club** raised approximately \$5,000 that was matched by SHF, giving the club members \$10,000 of buying power. Out of a list of 13 items, members selected the following equipment for the UH Kettering Hospital:

- Examination Chair
- Pro2 Total Body Exerciser
- Game Ready Unit & Accessories

Additional items from the list were purchased from 2 club members giving additional funds, including:

- General Exam Light
- Child Therapy Toys
- Anchor Gym & Cat
- Rack & Aerobic Exercise Step Platforms

If you would like to become a member of Samaritans Club in Ashland or Loudonville or would like more information about the clubs, contact Jerry Seiter at SHF 419-207-7900 or visit our website at www.samaritanhospitalfoundation.org