

***Samaritan Hospital
Foundation
2023 Heart of Giving
Annual Brochure***

***“one person gives freely yet
gains even more”
(Proverbs 11:24)***



Comments from Samaritan Hospital Foundation's Board Chair and President



On the following pages, you will see a recap of some of the many grants we issued in 2023—to both UH Samaritan Medical Center and other health and wellness nonprofits in the Ashland community. It holds true that Ashland is the “World Headquarters of Nice People,” and we are glad to be able to give back to this very caring community.

Paul Myers - Chair, Samaritan Hospital Foundation

Each year we give out more than \$100,000 in scholastic awards to students seeking to further a career in the healthcare field. Melody Barnes, Polly Chandler, and Mona Campbell, representing the Foundation, are in charge of selecting the individuals in our community who are awarded these scholastic awards. They have shared with me how impressed they are with the younger generation of applicants that applied for these scholastic awards, citing their dedication to hard work and giving back to our community. I would like to thank them for the many hours they spent reviewing the applications, as well as Kathy Witmer, Lisa Bushong, and Jennifer Abbruzzese at UH Samaritan Medical Center, who assisted them with the selection process.



Richard Beal, CFP® - President, Samaritan Hospital Foundation

Samaritan Hospital Foundation Partners With the Ashland County Community Foundation to Bring Much-Needed Drug Testing Equipment to Ashland



Thanks to funds from SHF, Ashland County Community Foundation and James and Barbara Chandler, the Ashland County prosecutor's office was able to purchase a hand-held drug testing device (MX908) that provides immediate lab-quality reports, which are fully admissible in court.

Prosecuting Attorney, Chris Tunnel explained, "The MX908 entered use in Ashland in June of 2023. The impact has been nothing short of revolutionary. Prior to the acquisition of this technology, drug addicted persons found by Law Enforcement were relieved of the suspected narcotics and released pending completion of a laboratory analysis that often took as long as six months to complete. During that six months, those individuals were free to continue to use illegal narcotics, which negatively impacted themselves, their family, and the community." Tunnel continued, "Since bringing the MX908 online, the test results are available immediately. We are able to bring those individuals that would previously have been released, into the criminal justice system immediately."

Just as important as getting the addicts in custody, Tunnel added, "Ashland County is able to provide needed medical care, addiction resources, and a consequence for the illegal behavior in real time." Tunnel, who has worked in the criminal justice system for more than 23 years, claimed, "I have never seen a single piece of equipment achieve this level of positive impact."



Back Row left to right: Rick Kinter, ACSO; E. Wayne Risner, ACSO; Jeff Sheldon, ACSO; Kevin Taylor, Loudonville PD; Brian McCauley, Loudonville PD; Chris Tunnell, AC Prosecutor; Brad Scarl, APD; Brad Bishop, State Highway Patrol; Dave Blake, ACSO; Chief Dave Lay, APD; Mona Campbell, SHF; Barb & Jim Chandler, Jim Cutright, ACCF; Richard Beal, SHF

2023 Annual Heart of Giving Dinner

Each year in October, a crowd of nearly 150 gathers to celebrate individuals in our community who give generously of their time, talent, treasure, and service to help others. This year, the Samaritan Hospital Foundation's (SHF) annual Heart of Giving Appreciation Dinner honored four individuals with Heart of Giving Awards and added a new award to recognize a young person in our community who goes above and beyond for others.

The event began with **videos highlighting how SHF grants are positively impacting the health and wellness of individuals in Ashland County and the hospital, including:**

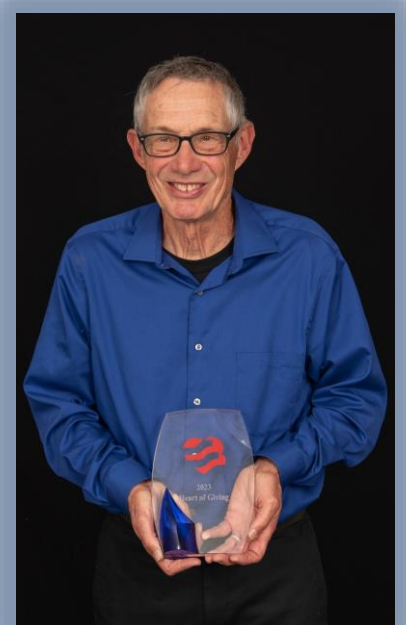
- The **Ashland Pregnancy Care Center (APCC)** received a community grant that helped fund the purchase of a new ultrasound machine. According to **Melanie Miller**, Executive Director APCC, "More than 90% of women and men who see their baby on an ultrasound will choose life!" The ultrasound is used to medically confirm that the pregnancy is in the uterus and not a tubal pregnancy, also to determine the gestational age of the baby. Providing this service allows the center to serve in the role of a pre-screening agency for women prior to established OB care.
- **UH Pet Pals** is a pet therapy program that uses trained individuals and their adult dogs to make short, hospital in-room visits to adults and children who would enjoy the company of a furry friend. **Jerry Seiter**, Director of Annual Giving & Special Projects for SHF explained why he and his dog, Teddy, love providing pet therapy through the UH Pet Pals program, "My goal is to always have a therapy dog to share joy and happiness with others."

New for 2023, SHF added **The Power of Youth Award** to recognize a young person in our community who shares his or her time and talents to help others. **Gavin Finger**, who is a 2023 graduate of Genesis Christian Academy in Ashland, has a great passion for serving as a volunteer for the local Respite Care Program through the Ashland Special Needs Ministry led by Christina Teevan. He has served as a volunteer caring for children with special needs in the program and their siblings, supporting setup, cleanup and special events, as well as serving for a week at a time with the Respite Care Team at Joni and Friends Camp. Gavin truly enjoys working with the families and he looks forward to many more years serving in the ministry of loving God's children.



During the Heart of Giving Awards portion of the event, SHF recognized four individuals in our community for their compassion and faithful service to make a difference in the lives of others:

Steve Huber was recognized for decades of serving the Ashland community using his gifts and talents as an art teacher to inspire the next generation of artists, as well as his love for the outdoors, encouraging the Ashland County Commissioners to launch a county park district. For 23 years, Steve has worked with the Ashland County Park District as it has grown to 21 county parks and has served as Volunteer Park Manager at Freer Field for 20 years. He was successful in raising money to complete the Freer Field paved trail, which is a great gift to the community and has led to Freer Field being enjoyed daily by hundreds of people. Steve has also served internationally, volunteering (mostly teaching art) with trips to Haiti, the Dominican Republic, Guatemala, and Mexico. When Steve fully retired, his volunteering went into overdrive with him adding working at Ashland University (AU) planting, weeding, and trimming to help the grounds crew. And over the past decade, he has developed an interest in helping foreign AU students, especially those from China and, most recently, working with Spanish speakers to learn English.

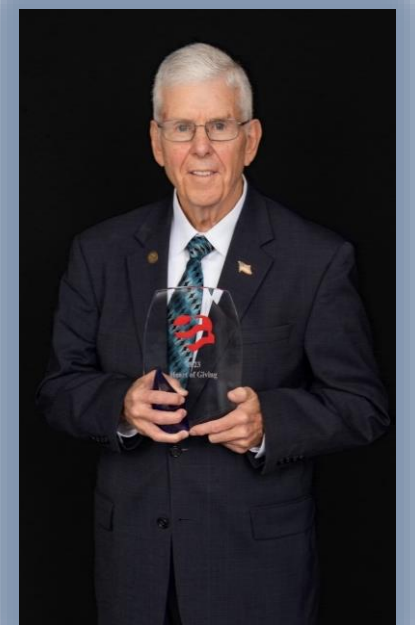


2023 Annual Heart of Giving Dinner (continued)

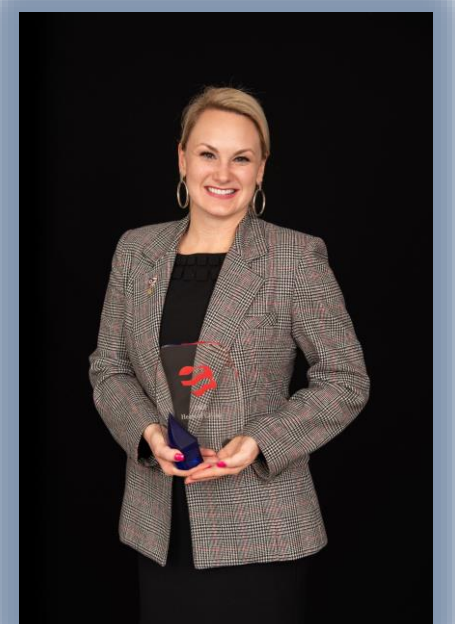
Reverend Dr. JoAnn Ford Watson was recognized for a lifetime of giving back, serving others, and training men and women for ministry service during her 31 years at Ashland Seminary as assistant, associate, and full tenured professor. While at the Seminary, Jody accomplished many firsts...she was the first woman to be a tenured full professor and the first woman to hold an academic professionally endowed chair in theology. She was the first woman to serve as an academic department chair and the first woman to be hired as an ordained minister. She is the first woman professor to serve at the seminary until retirement to receive the award of Professor Emerita of AU and Ashland Seminary. In retirement, she continues her mission to serve and further Christ's kingdom through her role on the Ashland County Community Foundation Board of Trustees and as President and Chair of the newly formed non-profit organization, the Foundations Community Childcare Board, which is building a new childcare center to serve up to 150 infants, toddlers, and children of school age in our community.



Greg Gorrell was honored for his lifetime of service to the Ashland community, our country, and touching the lives of so many through his faith. Whether it be bringing others to Christ through his servant leadership in his church, supporting his community through his passion to help others through fundraising during countless United Way campaigns and serving as campaign chairperson, serving on the Ashland City School Board and City Council, and last but certainly not least, through his bravery in serving our country during the Vietnam War and helping other veterans by organizing fundraising events to benefit and honor them. In retirement, Greg continues to help out in the community by supporting Associated Charities with raising funds for a new building, helping to raise funds for the new YMCA additions, and continuing to organize fundraising events to support our local veterans.



Melanie Miller was recognized for her service to our local community through the Kroc Center, our state by promoting volunteerism during her reigns as Miss Ohio and Mrs. Ohio (the only woman in Ohio's history to hold both titles), and as a voice to protect the lives of the unborn as the Executive Director of the Ashland Pregnancy Care Center. Melanie has testified in Columbus on legislation protecting the right to life and even conducted the first live ultrasound in Washington D.C. before the U.S. Congress. She was also recognized for the impact she is making for our community and our state through her role as Representative in the Ohio House of Representatives covering Ashland County and part of Medina County. In less than 12 months of service, Melanie has already positively impacted numerous pieces of legislation for local governments, construction contractors, the transportation bill, and she is even responsible for bringing back more than \$2.5 million to Ashland County in the recently passed state operating budget.



Samaritan Hospital Funds New Clinical Space at the East Main Street Location

University Hospitals (UH) Samaritan Medical Center is excited to announce plans to renovate nearly 12,000 square feet of their administration building located at 663 East Main Street into new clinical space. Thanks to the generous financial gift from the Samaritan Hospital Foundation, Claremont Medical and Medical Associates physician offices will have a new look, new location and state-of-the-art equipment to better serve the community in 2024.

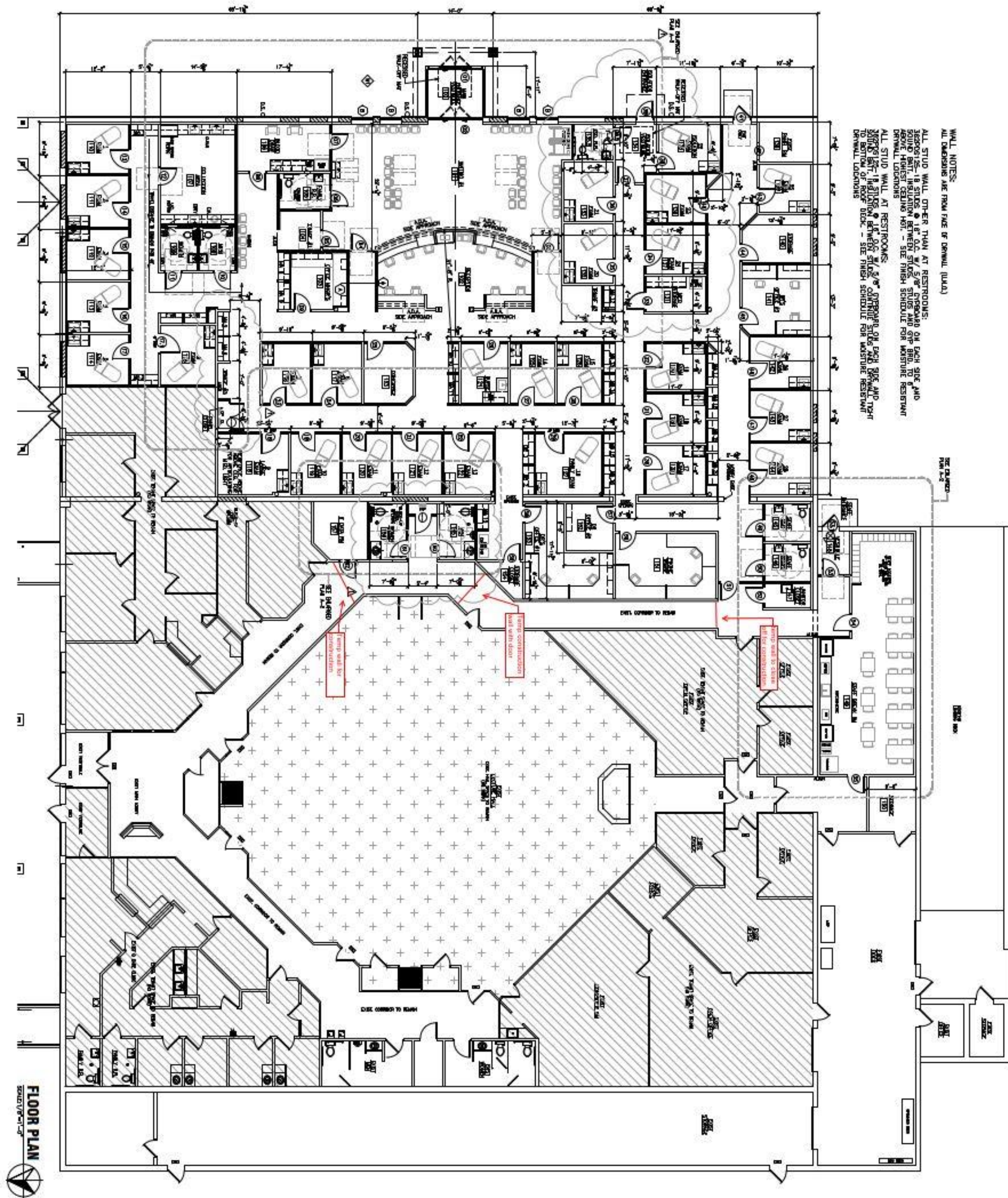
The newly renovated health clinic will offer laboratory services with a private area for blood draws, 24 exam rooms (including 2 that are family sized), kiosks for self-registration, and new equipment to monitor patient vitals. In this new space, our physicians and advance practice providers, physician assistants, and nurse practitioners will have the ability to provide comprehensive health care for patients of all ages from newborns to seniors. A concierge will be onsite to assist with scheduling appointments with Specialists and procedures. The new clinic is conveniently located near Ashland Elementary schools, as well as walking distance for those living on the east side of Ashland. “Our goal is to continually evolve as we strive to provide the highest quality health care to our community” said Sylvia E. Radziszewski, RTT, MBA, UH Samaritan Chief Operating Officer. “The clinic is slated to open July 1st. UH Samaritan Medical Center is excited to continue to build and focus on the commitment to provide access, healthcare services and outreach to the community of Samaritan and beyond.”

Blueprint rendering on the following page.



Rendering of proposed lobby.

New Clinical Space at the East Main Street Location (Continued)



NO.	DATE	REVISION
1	11-06-23	ISSUED FOR PERMIT

U.H. ASHLAND
MEDICAL ASSOCIATES OF MID OHIO
 633 E. MAIN ST., ASHLAND, OHIO 44805
2023 INTERIOR BUILD-OUT

PROFESSIONAL SEAL

SHIMONSON CONSTRUCTION SERVICES, INC.
 2112 Long Rd., Ashland, OH 44805
 Phone: (419) 281-6599
 Fax: (419) 281-6150

DATE DRAWN: 07-12-2023
DRAWN BY: R. PUGA
CHECKED BY: AUB

APPROVED: [Signature]
 [Stamp]

Samaritan Hospital Foundation Brings Internet Safety Speaker to Ashland City Schools



Jesse Weinberger, owner of OvernightGeek University is a nationally recognized Internet Safety expert, speaker, and presenter.



In December, Ashland City Schools students grades 4-12, staff, and parents had the opportunity to listen to an internet safety speaker, Jesse "Big Mama" Weinberger. Jesse, who is the host of Big Mama's House Podcast and author of a guide for parents and educators on how to keep children safe in a 24-7 always connected digital society, has been teaching parents, schools, and students how to navigate online and mobile risks for more than 20 years.

Jesse's podcast covers digital parenting issues, including: cyberbullying, sexting, sexual predators, gaming and tech addiction, and is a perfect resource for parents, schools, and law enforcement audiences. Episodes vary and can cover topics such as: specific app guidance, digital true crime stories, interviews, book reviews, and much more.

Steve Paramore, Superintendent of Ashland City Schools commented, "Our school district is so grateful and appreciative for the generosity of the Samaritan Hospital Foundation to fund Jesse Weinberger to speak specifically to our 4th - 12th graders and parents in December. Jesse's expertise allowed our students that engage in a tremendous amount of technology and internet use, a raw look at the dangers that lie in waiting. Our students as young as 9 years old engage in social media, inappropriate internet use, and online dialogue with individuals both age-appropriate and non-age-appropriate. There is a growing concern of the monitoring that students receive at home and in their outside-of-school lives as it pertains to their digital image and environment. Ashland City Schools shares the same interest that Jesse Weinberger has in providing information and analyzing data on student safety. Jesse's presentation was no-nonsense, provocative, witty, and important for our staff, students, and parents to hear. The data that she retrieved from our district in a week's time showed clearly that our students are considerably susceptible to the pitfalls of the digital world. We thank Jesse for being the voice we needed to hear, and we thank her for the difficult message and answers that she was able to convey to the constituents of Ashland City Schools. Once again, we are blessed for the continued support that The Samaritan Hospital Foundation provides to the Ashland City Schools. We now know the modus we can use to supplement our students with the appropriate information for successful and responsible navigation of their digital lifestyle and image."

Jesse Weinberger Presentations — Thank You from Ashland City Schools Board of Education

Dear Samaritan Hospital Foundation,

On behalf of the students, families and staff at Ashland City Schools, we are grateful to our allies at the Samaritan Hospital Foundation for intentionally investing in the next generation by providing an opportunity for our students and parents to hear from Mrs. Jesse Weinberger on internet safety.

Mrs. Weinberger's presentations were a wake-up call to students and parents alike. Ranging from tech based true crime stories, social media issues and current mental health discoveries, everyone had a major "aha moment." We appreciate her acknowledging and recognizing the immense amount of pressure impacting pre-teens and teens in our culture.

Because of the anonymous exit survey that Mrs. Weinberger gave at the conclusion of each presentation from fourth to twelfth grade, we have an accurate reality of what issues our students are dealing with in their digital lives. We as parents and leaders have a golden opportunity to address these issues and concerns.

One of our core values at Ashland City Schools is, "better decisions, fewer regrets." I hope that our students came away with a healthy respect for the digital world and will listen to her warning about the dangers of strangers online. In the end, life is more than followers, likes, shares and comments on social media.

In 1855, freed slave and statesman Frederick Douglass said: "It is easier to build strong children than fix broken men." 169 years later, the quote holds true today. Ashland City Schools has a renewed sense of urgency to partner with parents to build strong and resilient children.

Thank you again for graciously hosting Mrs. Jesse Weinberger for our students and parents in Ashland City Schools. Please let me know what we can do to serve you and the Samaritan Hospital Foundation.

Sincerely,

John Teevan
Chair, Ashland City Schools Board of Education

SHF Funds the Purchase of New Dexa Bone Density Imaging Equipment for UH Samaritan at Mifflin Women's Health



Pictured above: Dakota Hart RT (R) (M) (BD)

SHF Funds the Purchase of New DEXA Bone Density Imaging Equipment for UH Samaritan at Mifflin Women's Health (Continued)

UH Samaritan received an SHF grant to purchase DEXA imaging equipment, which is considered the “gold standard” for diagnosing osteoporosis and fracture risk. The new equipment provides healthcare professionals with a quick and painless way to conduct a bone density test or DEXA to measure the amount of mineral content in the bones, as well as bone loss as individuals age.

The DEXA scan, which stands for dual-energy X-ray, is a medical imaging test using very low levels of x-rays to measure bone density. The procedure is outpatient, takes no more than 25 minutes, requires no needles or injections, and is similar to having a standard X-ray.

Who should receive a DEXA scan?

Healthcare professionals consider many risk factors when determining who may benefit from a DEXA scan and how often, including: increased age (women 65+, men 70+), family history (osteoporosis or a hip fracture), previous fracture injuries (breaking a bone after 50), medications (some medications can weaken bones), and overall health (chronic medical disorders can make bones more likely to break). **Pregnant women should not receive a DEXA scan as medical experts recommend avoiding all radiation exposure during pregnancy to protect the developing fetus.**

Many individuals lose bone density as they age. Early identification through DEXA scans can help those individuals at risk for osteoporosis and fractures take steps to slow bone loss and protect their bones for years to come.

SHF Purchases Two New Fujifilm Sonosite Ultrasound Machines for the Cath Lab and Seidman Center



UH Samaritan Cath Lab and Infusion Center received two new ultrasound machines thanks to a grant from Samaritan Hospital Foundation. The new equipment provides state-of-the-art medical imaging for Cath Lab procedures on a 21" touchscreen display, helping staff accurately locate patient veins when starting IV therapy and improve patient comfort. The new, point-of-care units feature intuitive user interface to optimize workflows by connecting clinicians to patient needs through its nimble performance and precision.

Benefits of the new systems include:

- Advanced image clarity
- Sleek 21" all-touchscreen display that is visible across the bedside
- Auto Steep Needle Profiling to help clinicians visualize in-plane needle from multiple angles with one system interaction
- Library of onboarding tools including 150 scan-along tutorials to support workflow and efficiency

According to Bryan Finger, UH Samaritan Director of Operations and Clinical Services, "The Ultrasound units for the Infusion Center and Cath Lab help to improve patient comfort primarily. The units allow the staff member to better visualize the patient's veins and anatomy to start an IV for the delivery of medications or chemotherapy drugs. Without the device, the staff member may need to make several attempts with multiple needle sticks causing increased patient discomfort. Also, the better visualization of the veins allows greater accuracy and improves the quality of care by eliminating an infiltration of the IV. Many hospitals do not have this equipment readily available to treat their patients and we are very fortunate to have the support of the Samaritan Hospital Foundation to provide these units for our staff and patients."

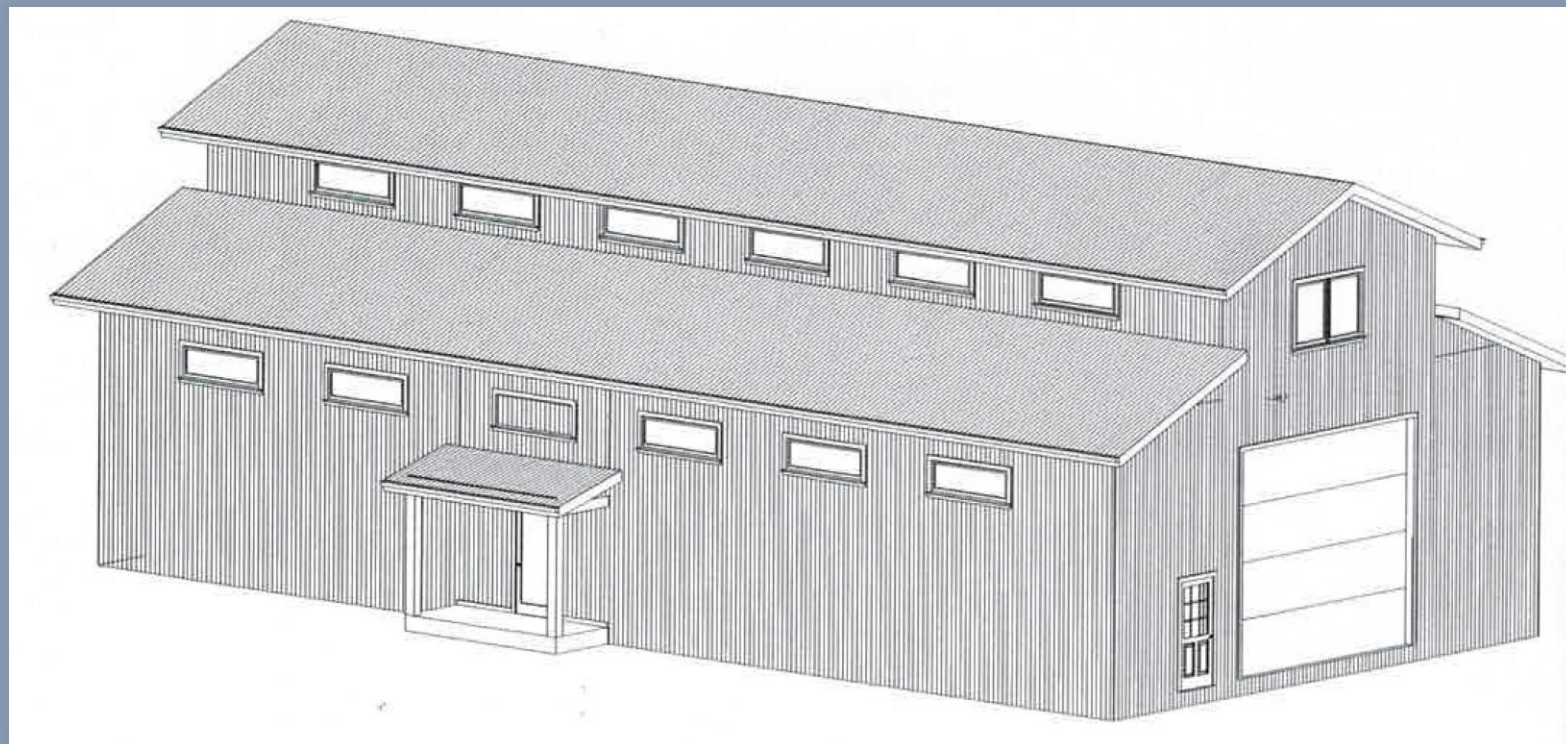


SHF Grant Helps Pathfinder Farms Serve More Female Youth Through The “Gabriella House”

Pathfinder Farms’ motto “we grow youth” offers programs to support youth in our community with activities that range from life skills, fishing, and cooking, to hiking, GPS navigation, shelter building, learning about wild edibles, and wood working. Pathfinder Farms offers seven main programs: Connections Plus after-school program that meets one day a week from 3-5pm for middle school age kids and young high school students, Skywatcher ministry is held one evening a week for 9-16+ year old boys and includes life skills taught around the armor of God as well as several camping trips, the Gemseekers program for girls from Kindergarten – 6th grade includes one evening a week of prayer and Bible teaching and life skills projects, Summer Programs that run for 4 days for 3-4 hours a day and focus on building relationships and introducing fundamental social skills, and The Pathfinder 16:11 flagship program starts after school one day a week throughout the school year and runs until 7:30pm serving 8-12 young men and culminating with an end-of-year campout.

Thanks to a recent grant from SHF, Pathfinder Farms will now be able to bring their newest program, a Pathfinder 16:11 program for young ladies, on-site with the addition of the Gabriella House. The new facility, which will have a day kitchen, restrooms, and portable fireplace, will allow female students to use the woodshop, kitchen, and land lab more easily. Currently the girls are located off-site about a half mile away.

With everything they do at Pathfinder Farms, they keep Jesus at the center of their attention to help young people find their way. To learn more, visit pathfinderfarms.org. Pathfinder Farms does not charge for its programs—if you would like to sponsor a younger person, please contact Pathfinderfarms1@gmail.com.



Rendering of new Gabriella House

SHF Purchases Two Cardiac Stress Case and Treadmill Systems for UH Samaritan

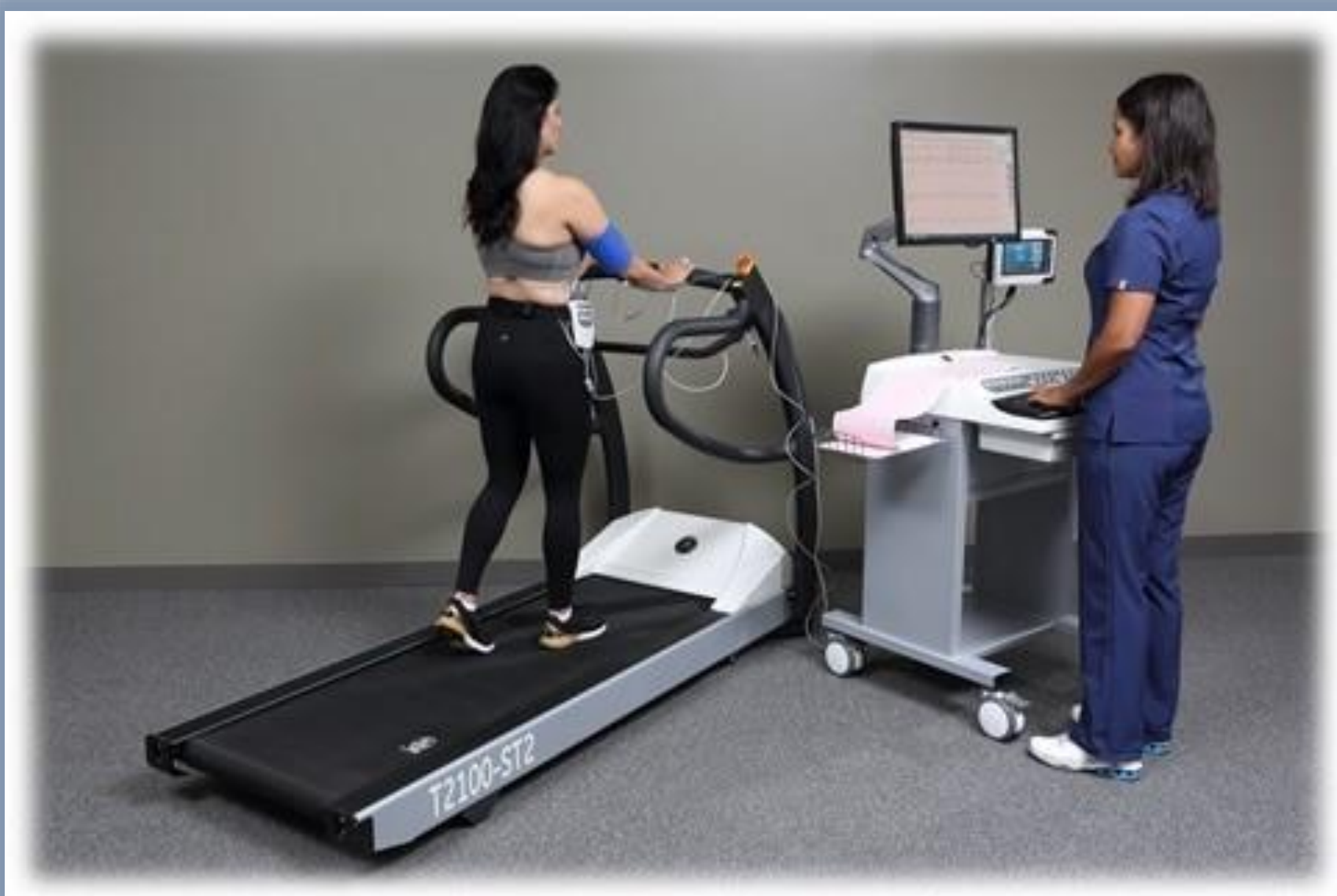
Cardiac stress tests are commonly used to diagnose coronary artery disease, diagnose an irregular heart rhythm, or to help the doctor plan treatment for a patient's heart condition. The purpose of a stress test is to see how well the heart works while putting "stress" on it as it is pumping hard and fast. Typically, stress tests at UH Samaritan are conducted in the Cardiopulmonary Services Stress Lab at the hospital.

According to Pamela J. Couch, RRT, RCP Manager of Cardiopulmonary Services Pulmonary and Cardiac Rehabilitation Services Sleep Lab at UH Samaritan, "The new CASE Cardiac Assessment System for Exercise Testing units purchased by SHF replaced older units that were no longer being manufactured and difficult to keep running. The new cardiac carts are able to connect with the current cardiology information system to streamline workflow and digital connectivity, which helps speed up patient care and increase staff productivity. Since January 2024, UH Samaritan has performed 190 Stress Tests and 1,000 in 2023."

Thanks to the new system, physicians can review, edit, and print data remotely, allowing the Stress Lab to concentrate on testing.

The new treadmill systems feature:

- Smooth, quiet, zero-start, 4 HP(6 HP peak) hi-torque drive
- Smooth, quiet linear actuator elevation system
- Low-to-the floor, cushioned deck for patient comfort and safety.
- Defined workload 22" x 63" (56 cm x 160 cm) running belt and handrails
- All steel chassis with powder coat finish
- Patented MasterTrack® belt alignment system eliminates off-center running belts
- Exceptionally accurate, self-calibrating speed and elevation
- Prominent emergency stop button and patient safety tether can be installed on either the left or right treadmill handle
- Minimum maintenance
- Optional height adjustable front handrail



Samaritan Hospital Foundation (SHF) Help Ashland Christian Health Center (ACHC) Celebrate Their 20th Anniversary



Pictured from left to right:
Dr. Roger Snyder, Medical
Director ACHC; Ronald
Leddy, SHF Board
Member; Anne
Humrichouser, SHF Office
Asst.; and Cheryl Benway,
ACHC Exec. Director

Recently, the Samaritan Hospital Foundation (SHF) gathered with many in our community to help Ashland Christian Health Center (ACHC) celebrate their 20th Anniversary. In honor of the accomplishment, SHF gifted the ACHC \$20,000 toward reaching their mission.

Established on August 19, 2003, ACHC is staffed by volunteers who are committed to two guiding principles:

- Good medical care takes care of more than physical health; it takes care of the whole person—body, mind, and spirit.
- Jesus cares for more than just the spirit of people. He cares for the whole person—body, mind, and spirit.

Their vision is that all residents of the Ashland area have access to high quality healthcare for their body, mind, and spirit.

The ACHC exists to holistically care for and elevate the dignity of Ashland area residents who are uninsured or under-insured in a Christ-centered atmosphere.

SHF also awarded the ACHC \$30,000 to add to their list of programs to help their clients receive colon cancer screening. This would involve a blitz to provide colon cancer screening to people in our community who have been missing out due to cost issues.

Every year, about 150,000 people are diagnosed with colorectal cancer. The lifetime risk for an individual is 1 out of 25. It is the third leading cause of cancer deaths and more than 50,000 people die each year from colon cancer. The goal of this screening program is to identify people either in the early stages of cancer or, even better, people with precancerous polyps

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***SHF Increases Scholastic Awards Each Year to Help
Offset Skyrocketing Tuition Costs for Medical
Professions***

Over the last ten years, Samaritan Hospital Foundation has been increasing scholastic awards given to future medical professionals in our community to help assist them in entering the field of medicine. This is in response to skyrocketing tuition costs for the medical profession over the past 20 years.

According to a data snapshot from the Association of American Medical Colleges (AAMC), U.S. medical school tuition is far outpacing general inflation. Over a 21-year period (2001-2022), tuition and fees increased by 81% across all medical schools, with a more than 8% increase from 2021-2022 alone.

Following is a 10-year history of the Scholastic Awards Samaritan Hospital Foundation has distributed—showing the year-over-year increases to help keep pace with the rising cost of a medical education and enable more individuals in our community to pursue a profession in the medical field:

Year	Number of Students	Awards Granted
2015	16	\$ 21,500
2016	16	\$ 23,500
2017	23	\$ 38,000
2018	29	\$ 39,835
2019	32	\$ 43,000
2020	28	\$ 62,000
2021	27	\$ 63,000
2022	39	\$ 87,000
2023	36	\$100,000
2024	54	\$139,500
Total 10 Years	300	\$617,335